



Adults emotional health and wellbeing

consultation headline findings

Kensington and Chelsea Council has been working with some brilliant grassroots providers under the 'Together 4 Grenfell' umbrella to deliver services for adults in the North Kensington community.

With three years of the Grenfell Recovery Programme remaining, we recently launched a consultation to understand people's views on these services and the broader offer and how we could improve our offer. The consultation ran from 1 February to 26 March 2021.

We received **97** survey responses and 36 stakeholders attended three focus groups. Here's what those who responded told us:

What you told us

- ➔ 77% were currently using local services to support their emotional health and wellbeing needs
- ➔ 66% were **very confident** or **moderately confident** in accessing services
- ➔ 60% felt the services were publicised to varying degrees of effectiveness
- ➔ 92% currently using Together for Grenfell services said they were **'very good'** or **'good'**
- ➔ 89% using Together for Grenfell Services told us their emotional health and wellbeing had **'significantly improved'** or **'slightly improved'**
- ➔ 50% said that services meet the diverse and cultural needs of the community **'very well'** or **'well'**
- ➔ 70% told us they would prefer to receive **'face to face'** support with 49 per cent preferring **'online'** support




Where we could improve

- ➔ 69% felt **'emotional health and wellbeing support for young adults'** was an area of need
- ➔ 66% felt **'support groups'** were needed
- ➔ 57% felt **'support for elders to tackle social isolation and loneliness'** was a gap
- ➔ 40% felt publicity was not effective and therefore improvement required

What's next

- ➔ A series of recommendations will be discussed by Leadership Team in May
- ➔ We will be looking at an enhanced counselling and wellbeing service for adults
- ➔ We will be offering additional therapy to over 50s to help tackle isolation
- ➔ We will continue with a hybrid of face to face and virtual offers to meet the community's needs
- ➔ We are developing a peer support programme for adults in the local community to launch in summer 2021



If you would like to read the full report of the consultation findings visit

<https://consult.rbkc.gov.uk/adults-social-care-and-health/adults-emotional-health-and-wellbeing/>

If you would like to find out more about the current emotional health and wellbeing services on offer for adults, please email grenfellcommissioning@rbkc.gov.uk