

Holland Park outdoor gym refurbishment and golf practice area improvements

Analysis of consultation

December 2023

Consultation and Participation Team
The Royal Borough of Kensington and Chelsea
consult@rbkc.gov.uk



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

Introduction

Background

Kensington and Chelsea Council sought to gather views and feedback on the current **outdoor gym equipment** within Holland Park. The current outdoor gym equipment is coming to the end of its life span and therefore needs to be replaced. The potential improvements include the following:

- Equipment options
- Surfacing

The consultation also sought to gather views on the **golf practice area** and the **pétanque court**.

Methodology

An online survey was promoted via the Council's Consultation and Engagement Hub. The consultation was also promoted via posters on site, the Holland Park Friends web page and newsletter. On site in-person sessions were also held in Holland Park to gather the views of users. The exercise ran from **12 October 2023** to **27 November 2023** with a total number of **66 surveys** received.

A separate appendix report is available on request, which details all comments made by respondents to the questions within the survey and full details of emails received.

Acknowledgements

The Council would like to thank all residents that took the time to provide feedback on Holland Park outdoor gym, golf practice area and pétanque court improvements.

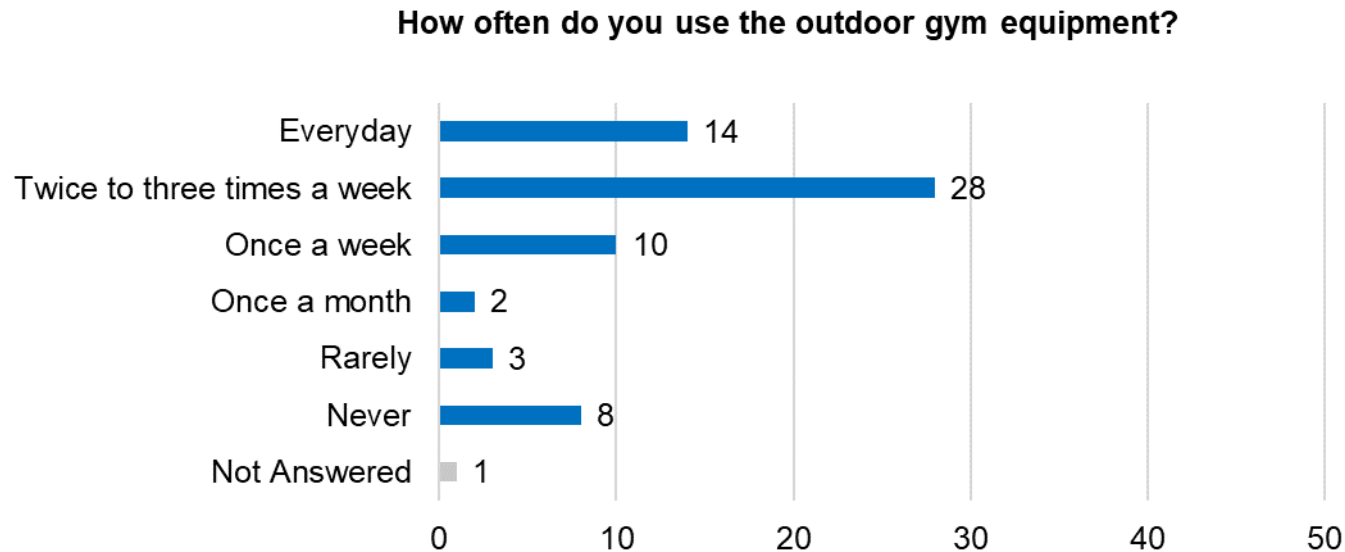
Outdoor gym



Frequency of use – Outdoor gym equipment

Respondents were asked how often they use the outdoor gym equipment. The majority of respondents had used the outdoor gym equipment at least once.

- The most selected answer was twice to three times a week (28 respondents), and 14 respondents selected 'everyday'.
- Two respondents said they use the outdoor gym equipment once a month', and three said 'rarely'.

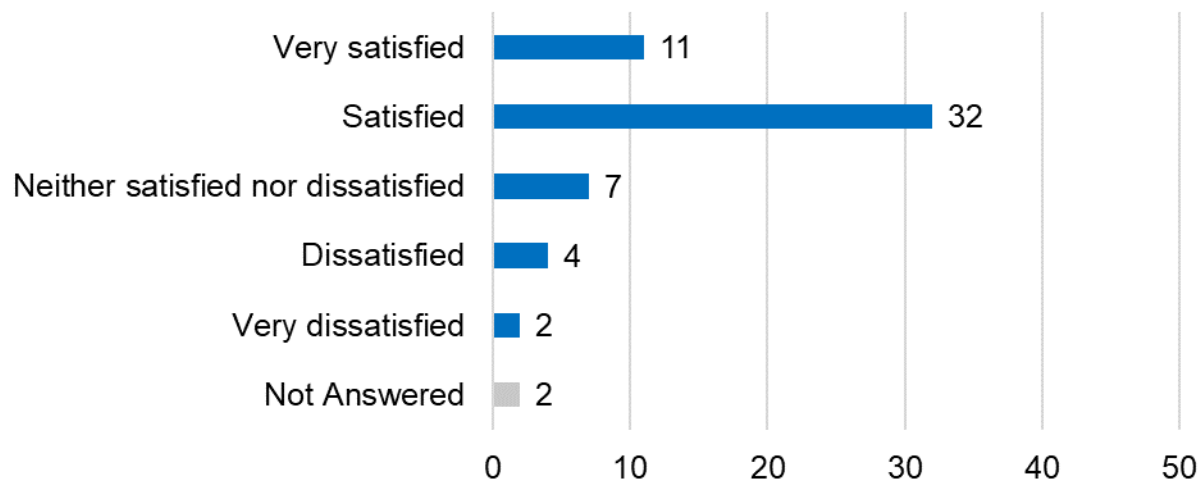


Satisfaction levels – Outdoor gym equipment

Respondents who had used the outdoor gym equipment (57 respondents) were asked how satisfied or dissatisfied they are with the current outdoor gym at Holland Park.

- A total of 43 respondents selected 'very satisfied' or 'satisfied'.
- Seven respondents selected 'neither satisfied nor dissatisfied', and six said they are either 'very dissatisfied or 'dissatisfied' with the park.

How satisfied are you with the current outdoor gym at Holland Park?



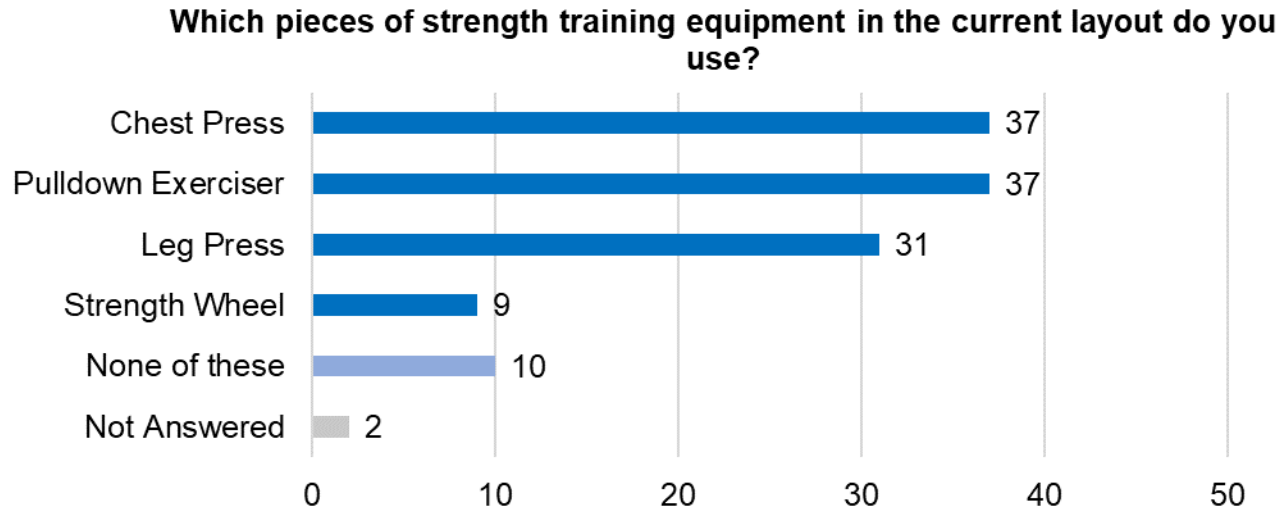
Base: Respondents that have used the outdoor gym equipment (57)



Outdoor gym equipment: Strength training

Respondents who selected that they had used the outdoor gym equipment at least once were asked to choose which pieces of strength equipment in the current layout they used.

- The top two selected pieces of equipment are the chest press and the pulldown exerciser, with 37 users each.



Most used strength training equipment



Chest Press



Pulldown Exerciser

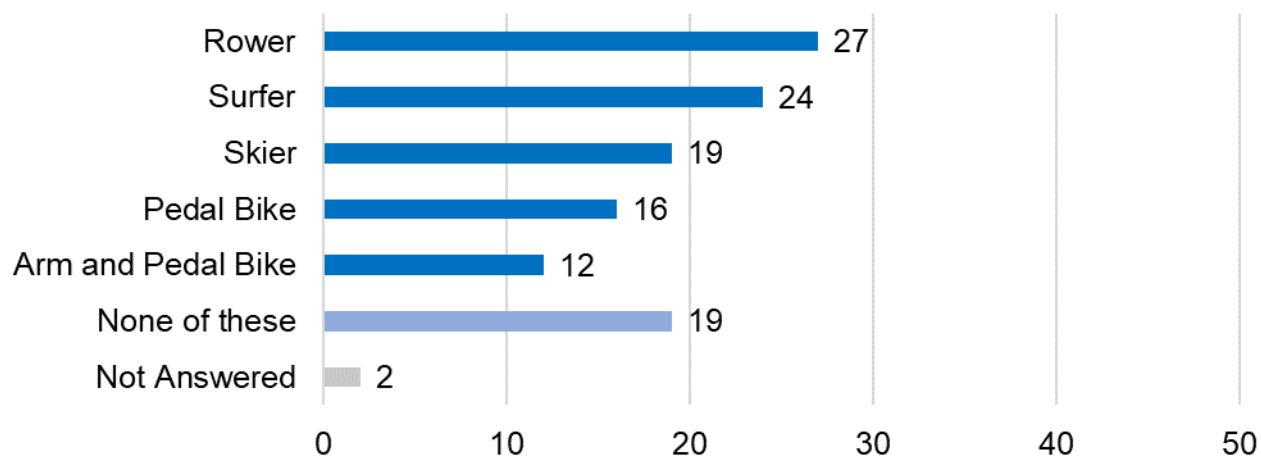


Outdoor gym equipment: Cardiovascular

Those who selected that they had used the outdoor gym equipment were asked to choose which pieces of cardiovascular equipment in the current layout they used.

- The top two selected pieces of equipment are the rower (27 users) and surfer (24 users).

Which pieces of cardiovascular equipment in the current layout do you use?



**Most used
cardiovascular
equipment**



Rower



Surfer



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

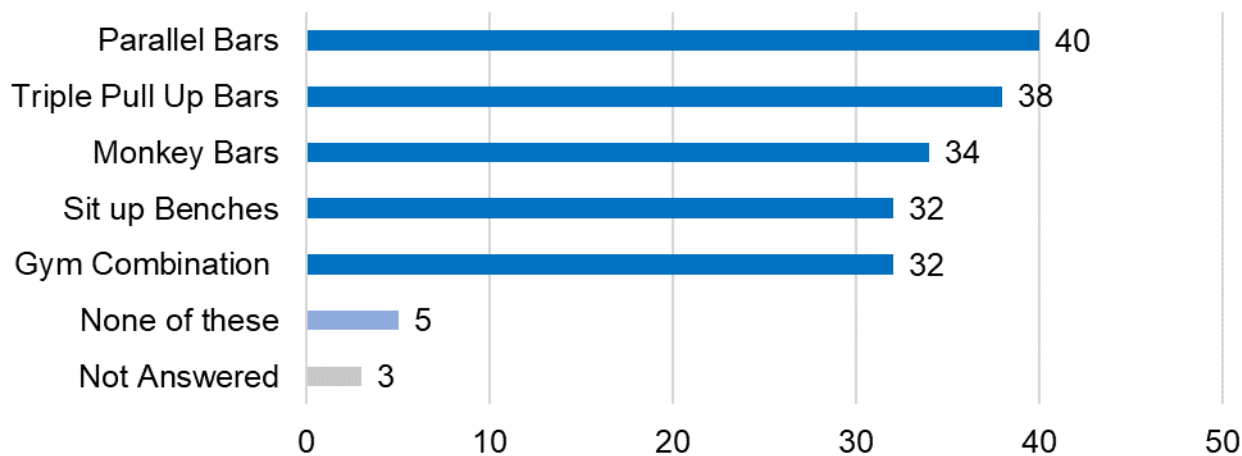
Base: Respondents that have used the outdoor gym equipment (57)

Outdoor gym equipment: Calisthenics (upper body/core)

Those who selected that they had used the outdoor gym equipment were asked to choose which pieces of calisthenics (upper body/core) equipment in the current layout they used.

- The top two selected pieces of equipment are the parallel bars (40 users) and triple pull up bars (38 users).

Which pieces of calisthenics (upper body/core) equipment in the current layout do you use?



Most used calisthenics
(upper body/core)
equipment



Parallel Bars



Triple Pull Up Bars



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

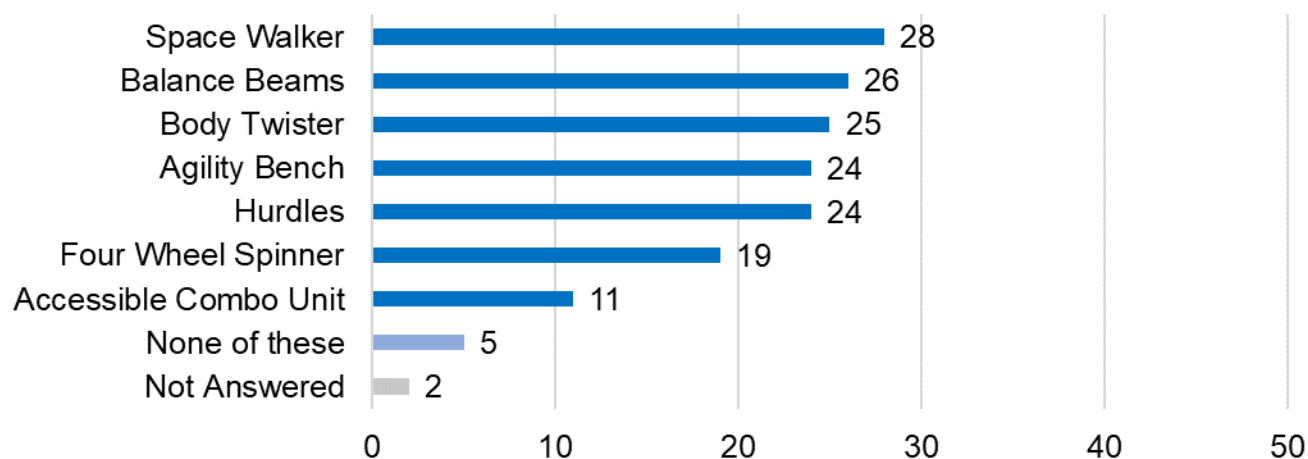
Base: Respondents that have used the outdoor gym equipment (57)

Outdoor gym equipment: Calisthenics (lower body/full body)

Those who selected that they had used the outdoor gym equipment were asked to choose which pieces of calisthenics (lower body/full body) equipment in the current layout they used.

- The top two selected pieces of equipment are the space walker (28 users) and balance beams (26 users).

Which pieces of lower body/full body equipment in the current layout do you use?



Most used calisthenics
(lower/full body)
equipment



Space Walker



Balance Beams



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

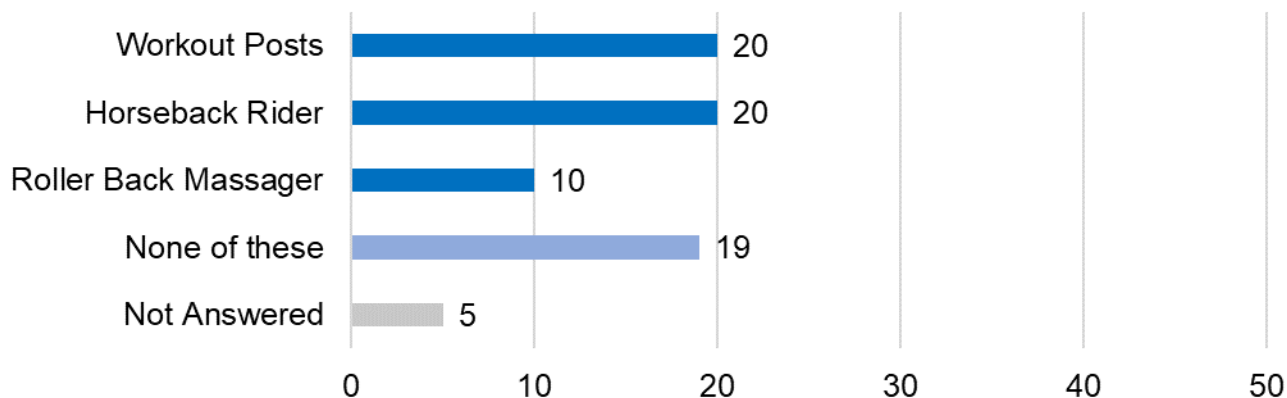
Base: Respondents that have used the outdoor gym equipment (57)

Outdoor gym equipment: Flexibility

Those who selected that they had used the outdoor gym equipment were asked to choose which pieces of flexibility equipment in the current layout they used.

- The top two selected pieces of equipment are the workout posts and horseback rider with 20 users each.
- Flexibility equipment was the least used equipment, with 19 respondents saying they used “none of these”.

Which pieces of flexibility equipment in the current layout do you use?



Most used flexibility equipment



Workout Posts



Horseback Rider



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

Base: Respondents that have used the outdoor gym equipment (57)

Any other ideas

Respondents were given the opportunity to say what new pieces or additional outdoor gym equipment they would like to see included in the Holland Park outdoor gym that had not already been covered in this survey. There were 41 responses to this question (some responses contained more than one theme).

Comments made have been themed and themes are summarised in the table below. Examples of comments made can also be seen on the next page. Full list of comments can also be found in the appendix document.

Theme	Count
Different height pull up bars/more pull up bars	17
Strength/toning equipment suggested	8
Additional area/equipment or repairs suggested	8
Straight monkey bars	8
Covered area/ even surfacing	5
Safety/storage suggestions	4
Already a good selection of equipment/ satisfied	3



Any other ideas- comments

“...More pull up bars and different heights.”

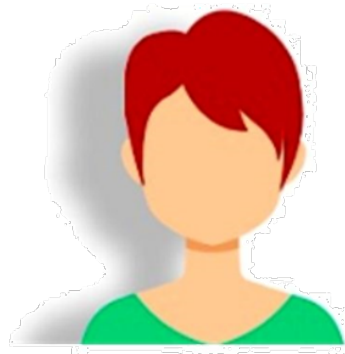
Different height pull up bars/more pull up bars

“More equipment to strengthen legs (gluteus maximus, thighs, hamstring)”

Strength/toning equipment suggested

“Area for mixed martial arts (proper) with shades”

Additional area/equipment or repairs suggested



“...straight monkey bars - thickness of bars?”

Straight monkey bars

“A covered area... Thanks!”

Covered area/ even surfacing

“Area to leave bag and jacket.”

Safety/storage suggestions

“Everything at the moment is good.”

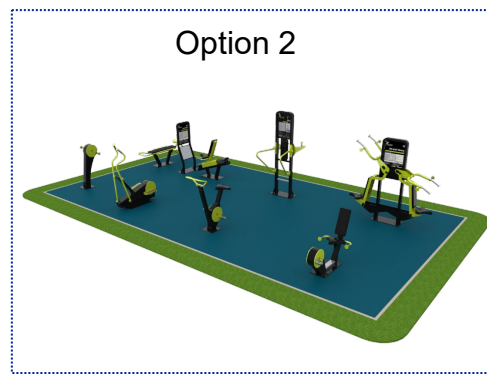
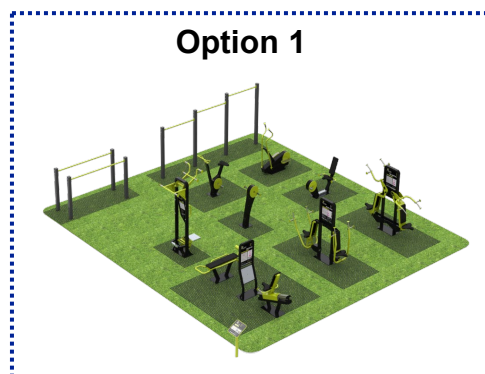
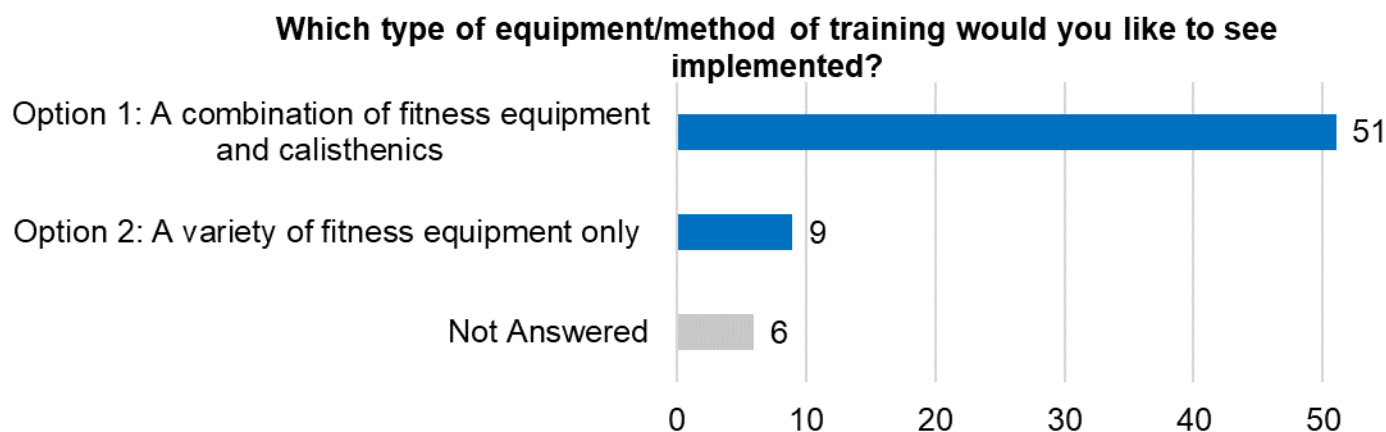
Already a good selection of equipment/
satisfied



Outdoor gym equipment improvements continued: Equipment options

Respondents were asked which type of equipment/method of training they would like to see implemented.

- The majority of respondents (51) said that they would like to see “Option 1” (a combination of fitness equipment (including shoulder press, stationary bike, leg press and resistance machinery etc.) and calisthenics (only body weight) implemented compared to only a few (9 respondents) saying that they would like to see “Option 2” (a variety of fitness equipment only (including stationary bike, rowing machines, step ups and resistance equipment etc) implemented.

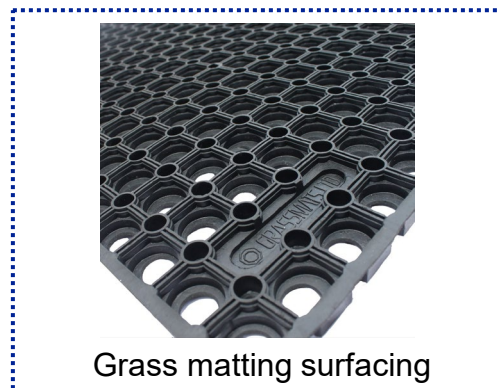
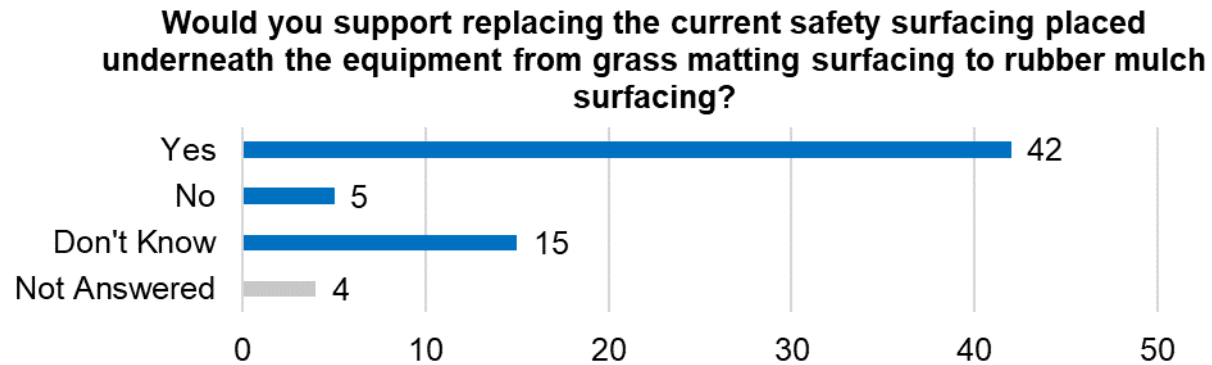


THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

Outdoor gym equipment improvements continued: Surfacing

Respondents were also asked if they support replacing the current safety surfacing placed underneath the equipment from grass matting surfacing to rubber mulch surfacing.

- The majority of respondents (42) said that they support the replacement.
- However, five said they 'do not support' replacing the current safety grass matting surfacing to rubber mulch surfacing.



Any other comments

Respondents were given the opportunity to share any other comments about the Holland Park outdoor gym that had not already been covered in this survey. There were 42 responses to this question.

Comments made have been themed and themes are summarised in the table below. Examples of comments made can also be seen on the next page. Full list of comments can also be found in the appendix document.

Theme	Count
Surfacing	17
Satisfied/no further suggestions	10
Additional gym equipment suggestions	7
Signage/promotion	3
Extend opening times	2



Any other ideas (outdoor gym equipment)- comments

“Please refurbish as soon as possible, particularly in relation to surfacing.”

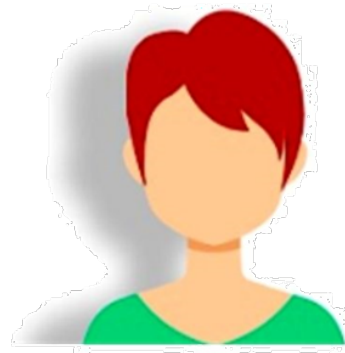
Surfacing

“No nice that it's provided and continue to let trainer use.”

Satisfied/no further suggestions

“The fitness related equipment is very rarely used. I think it's because it's hard for it to fit varying body sizes (ex: I'm tall and can't really fit) its uncomfortable, and too easy for even mildly aerobically trained people. Unless better outdoor fitness equipment is available, I would strongly recommend that part if the gym is deprioritised”

Additional gym equipment suggestions



“Sign for children not using equipment”

Signage/promotion

“Open late in summer as still light until 10pm.”

Extend opening times

“Great initiative. Lots of people benefit. Would be great to have a dedicated area like the cricket one, for all weather.”

Other



Golf practice area

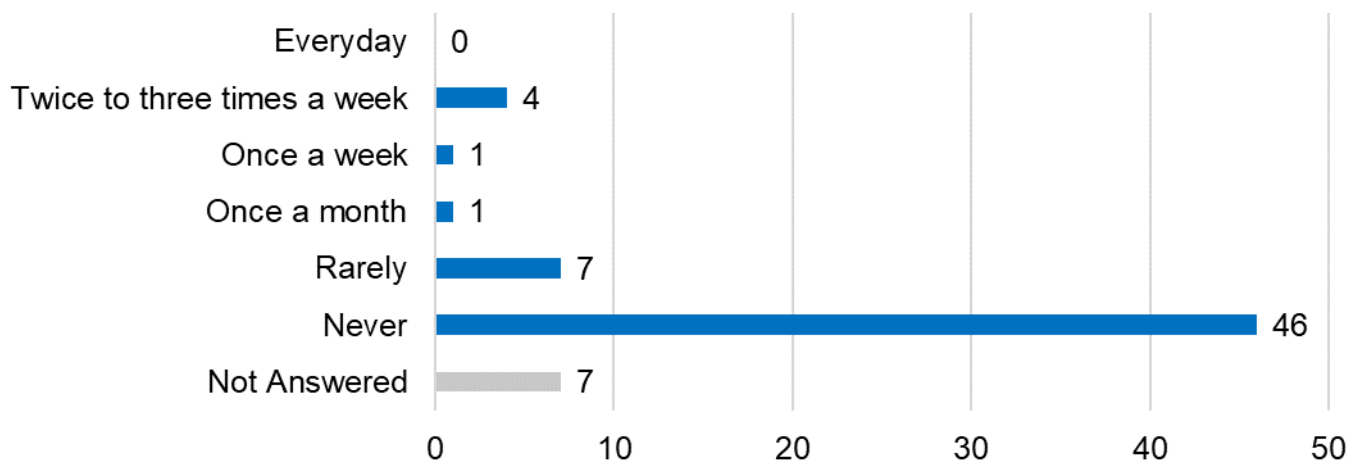


Frequency of use – Golf practice area

Respondents were asked how often they use the golf practice area.

- The most selected answer was 'never' (46 respondents), and seven respondents selected 'rarely'.
- Four respondents said they use the golf practice area 'twice to three times a week'. None of the respondents said they used the golf practice area daily.

How often do you use the golf practice area at Holland Park?



Base: All respondents (66)



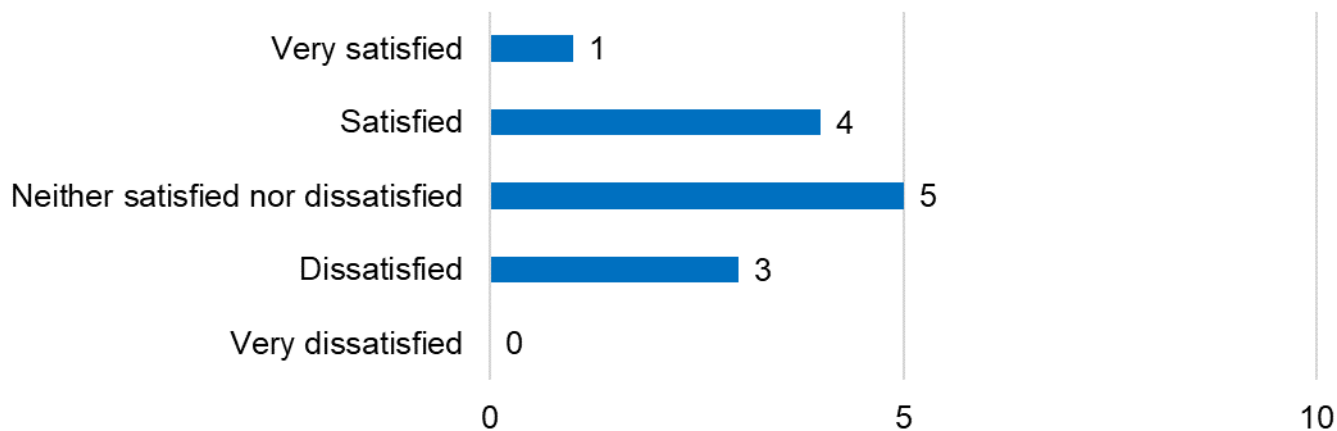
THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

Satisfaction levels – Golf practice area

Respondents who had used the golf practice area at least once were asked how satisfied or dissatisfied they are with the golf practice area.

- A total of five respondents said they were 'very satisfied' or 'satisfied' with the golf practice area.
- Five respondents selected 'neither satisfied nor dissatisfied', and three said they were dissatisfied. None said they were 'very dissatisfied with the golf practice area.

How satisfied are you with the golf practice area at Holland Park?



Any other ideas (golf practice area)

Respondents who had used the golf practice area were given the opportunity to share their feedback regarding this area and how this can be improved. There were eight responses to this question.

Given the low number of comments, these have been summarised into points below rather than themed. The full list of comments can also be found in the appendix document.



Participants provided feedback on enhancing the golf practice area in the park included:

- Enlarging the **artificial putting green** to improve the practice area's scope.
- Requesting new **nets**, **mats**, and a **bunker area** to enhance the facility.
- Highlighting **maintenance** concerns such as fence issues, a broken/unstable bench, and the need for replacement of cracked cups/flag sticks and hire clubs.
- Proposing **extended opening hours**, especially outside park office hours.
- Two participants had no further suggestions for improvement.



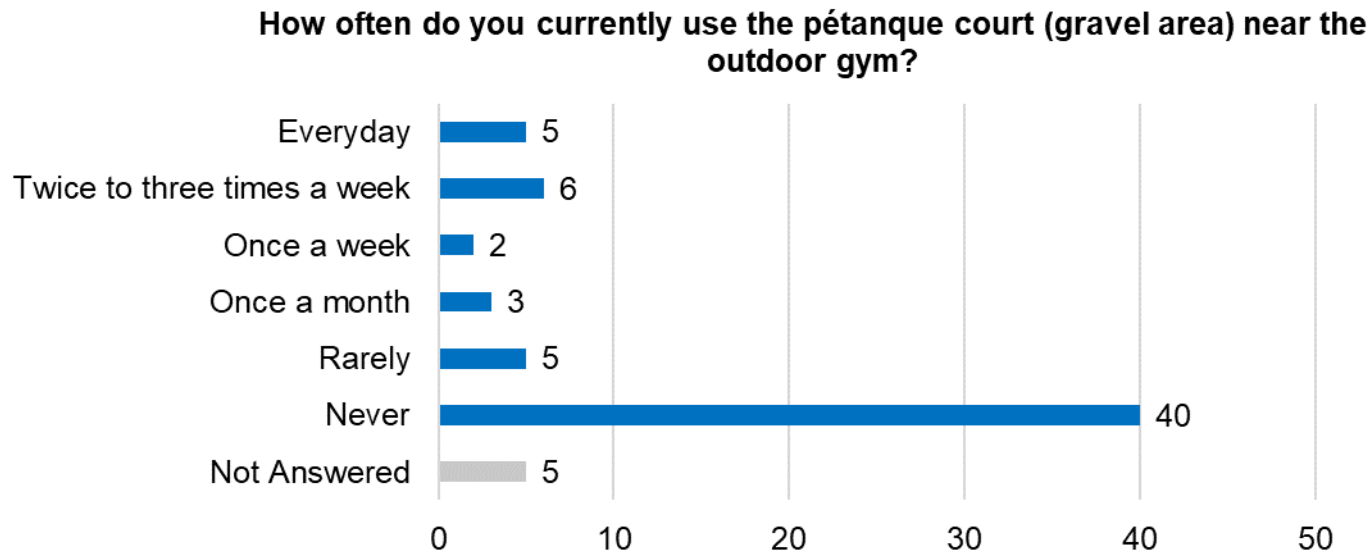
Pétanque court



Frequency of use – Pétanque court

Respondents were asked how often they use the pétanque court.

- The most selected answer was 'never' (40 respondents), and five respondents selected 'rarely'.
- Five respondents said they use the pétanque court 'everyday', and six said 'twice to three times a week'.



Use of pétanque court

Respondents who use the pétanque court, were asked what they used the area for. There were 18 responses to this question.

Comments made have been themed and themes are summarised in the table below. Examples of comments made can also be seen on the next page. Full list of comments can also be found in the appendix page.

Theme	Count
Other exercise activity (e.g. boxing, stretching, squats...)	11
Personal training	4
Playing pétanque	3



Any other ideas (pétanque court)- comments

*“I use this area for exercising.
Skipping stretching boxing yoga and other
sports”*

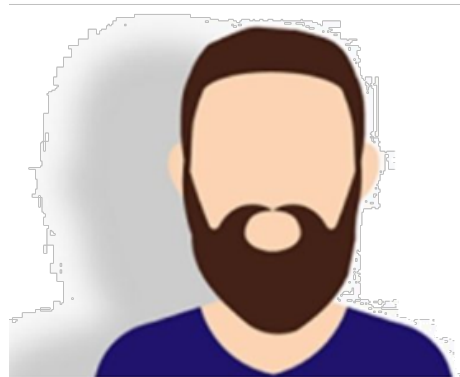
Other exercise activity (e.g. boxing, stretching
squats...)

*“Gym related activities (skipping, glute
exercises, etc.)”*

Other exercise activity (e.g. boxing,
stretching, squats...)

“Playing Tai chi and boxing.”

Other exercise activity (e.g. boxing,
stretching, squats...)



*“Not for pétanque but for personal
training.”*

Personal training

“Pétanque with friends ... and bypassers!”

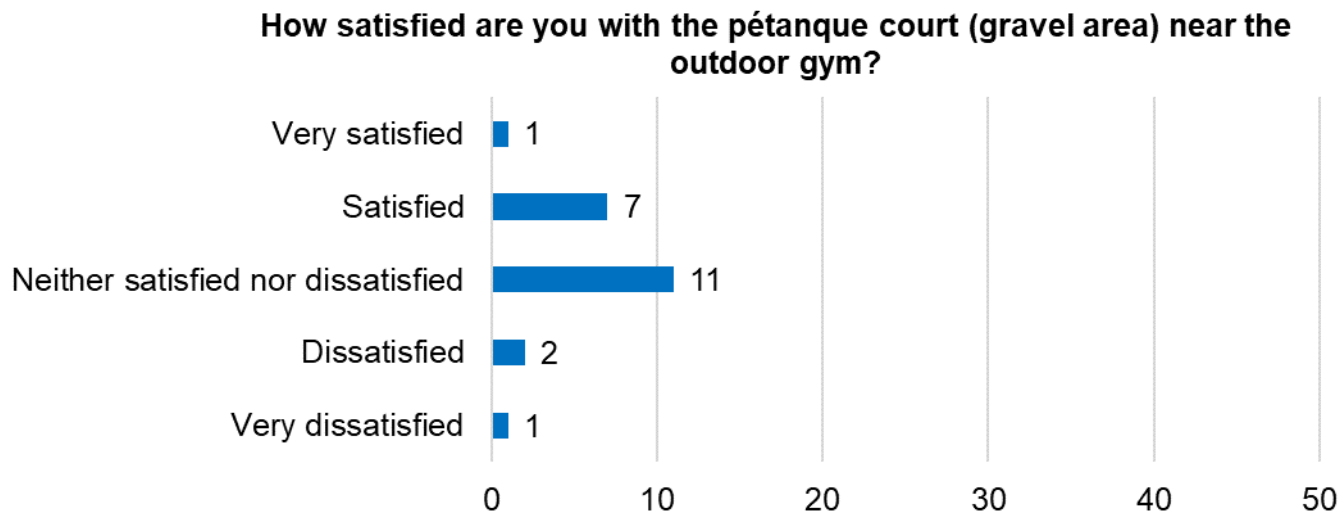
Playing pétanque



Satisfaction levels – Pétanque court

Respondents who used the pétanque court were asked how satisfied or dissatisfied they are with the area.

- A total of eight respondents selected 'very satisfied' or 'satisfied'.
- 11 respondents selected 'neither satisfied nor dissatisfied', and three said they are either 'very dissatisfied' or 'dissatisfied' with the pétanque court.



Any other ideas

Respondents were given the opportunity to share any final comments or suggestions on improvements. There were 38 responses to this question.

Comments made have been themed and themes are summarised in the table below. Examples of comments made can also be seen on the next page. Full list of comments can also be found in the appendix document.

Theme	Count
Satisfied/no further comments	13
Pétanque court comments	6
Other features/areas suggested	6
Tennis/other racquet sports comments	4
Maintenance/surfacing	3
Accessibility/cost	3
Signage	3



Any other ideas- comments

“It’s great!”

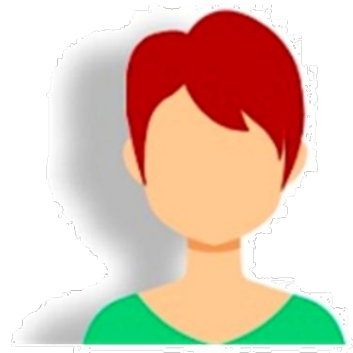
Satisfied/no further comments

“As said in an earlier section; please cover the pétanque court with something that is waterproof. Thank you.”

Pétanque court comments

“Would like basketball hoop here or ping pong table”

Other features/areas suggested



“Tennis court has too many private sessions and can never book a court.”

Tennis/other racquet sports comments

“Large puddles can be visible for days after rain making some of the equipment inaccessible.”

Maintenance/surfacing

“Open park longer. Earlier start times.”

Accessibility/cost

“...Better signage directing to adventure playground. More and better age appropriate signage.”

Signage

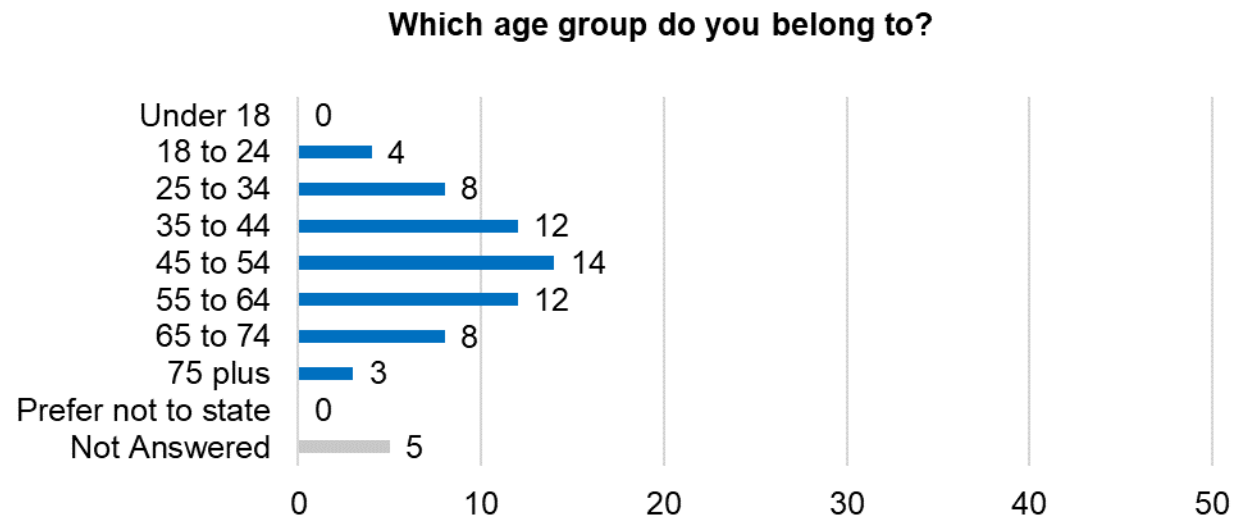
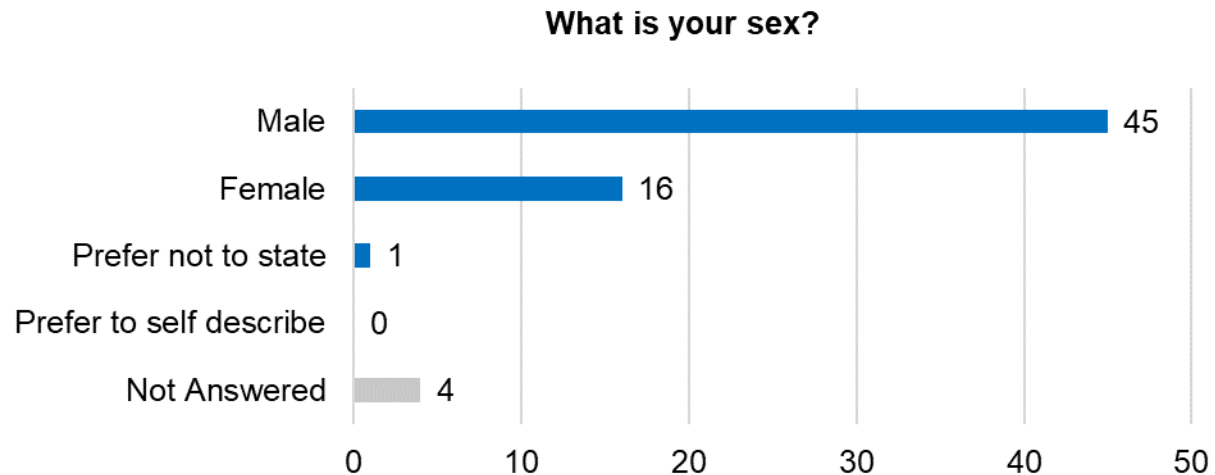


Demographics



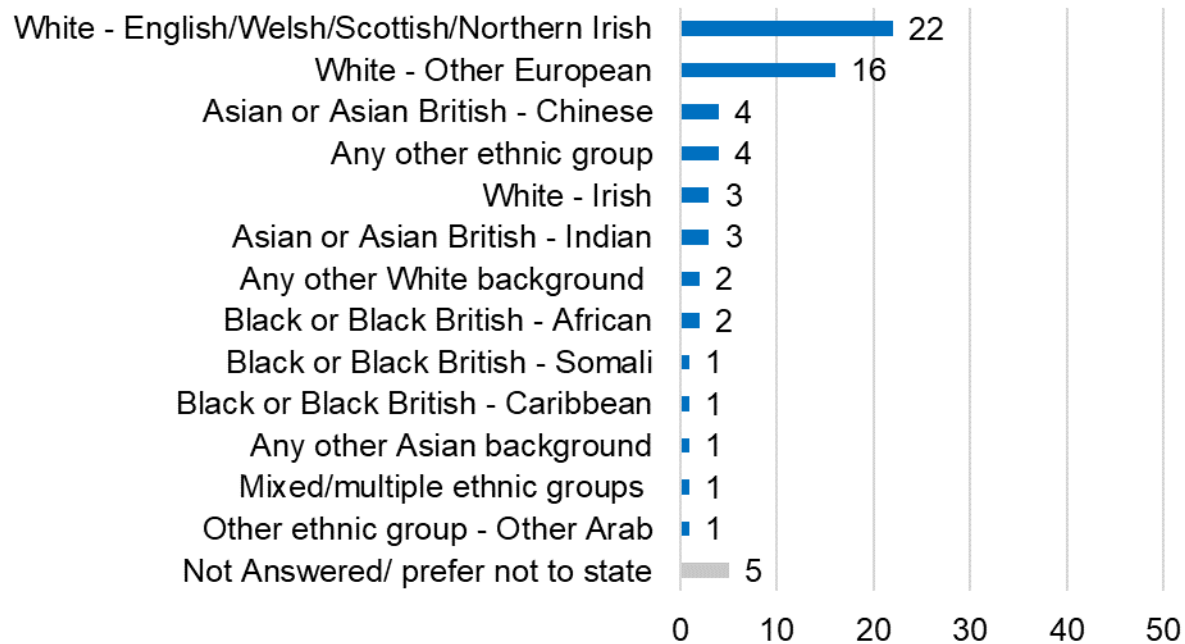
Profile of respondents – Sex and age group

Respondents were asked a series of questions about themselves, to understand who had responded to the consultation.



Profile of respondents - Ethnicity

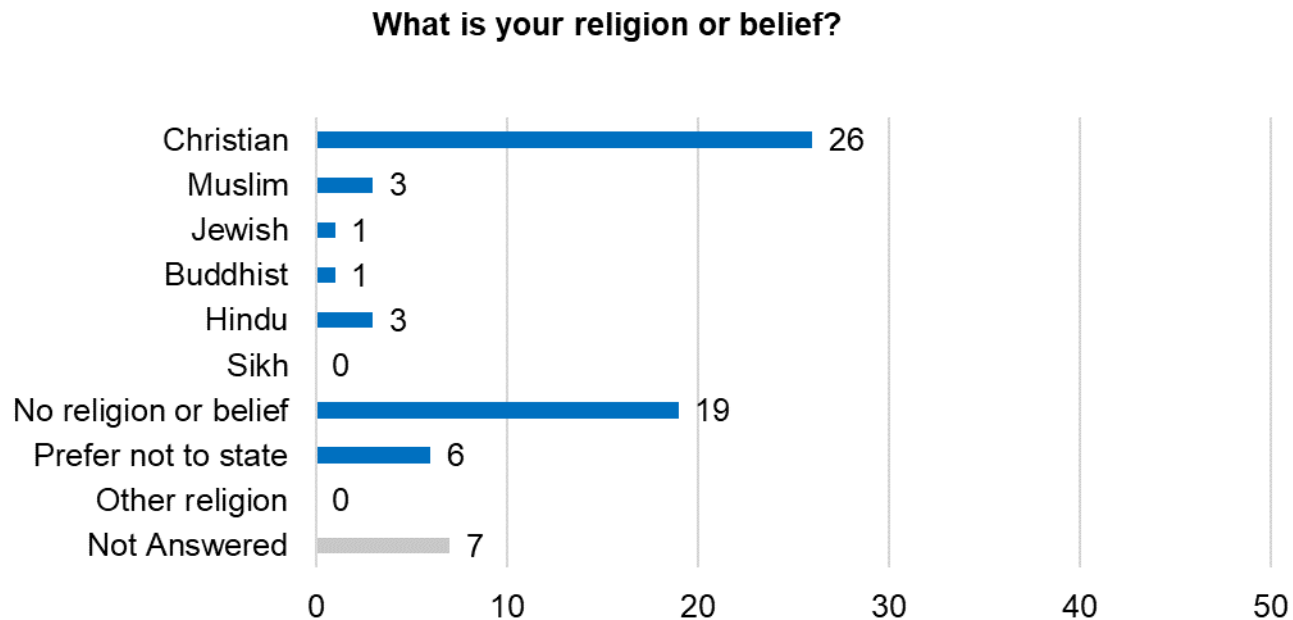
How do you describe your ethnic origin?



The graph shows the ethnic origins that were selected by respondents



Profile of respondents - Religion



Profile of respondents – Physical/mental health

