

### Who are we ....

We are the RBCK Youth Council, a group of young people who act as the formal representative and spokespersons for the borough's young people.

We provide a link to the borough's Mayor, Lead Members and other decision-making bodies and work closely with them to shape and develop our work, particularly in youth engagement and promoting young people's voices.

As a group we were involved in designing and promoting the survey, making sure it asked the questions that gave young people the opportunities to speak up and speak out, especially in history-defining moments like these.

We hope the survey has given young people a platform to communicate their experience and voice their opinions. We wanted to focus not only on individuals' own experiences, but more importantly, on young people their current needs and hopes for the future.

We are excited to see how this work helps to shape and inspire future opportunities, services and delivery for young people in RBKC.



### Introduction

#### **Background**

In 2021, the Youth Council undertook extensive consultation during the summer months to engage young people from across the borough.

This was their largest consultation to date with young people. Conversations were had with around 200 young people, 120 of those young people engaged with the survey and submitted responses.

The aim for the "Your Voice" survey is to support and inform the work of the youth council, results will help shape our priorities to address our younger residents, their futures, current needs, and the impact of the global Covid-19 pandemic.

### Methodology and report

The survey was developed by the youth council whose role in the community is to provide young people's point of view for service managers, policymakers and elected members on plans and strategies for service delivery.

The survey was promoted via the Youth Council's communication channels, outreach / engagement, social media, as well as direct contact with voluntary and community organisations across the borough. The survey closed on 1st of October, 120 online submissions were received.

#### **Equalities**

Equalities data is presented on the 'About Respondents: Demographic Breakdown' section.

#### **Acknowledgements**

The Youth Council would like to thank all respondents that took the time to take part in the exercise and gave their views.



## Results at a glance – Survey Finding

### Your priorities for your local area and community.

- Respondents top three priorities for their local area and community in order of importance are Education followed by Mental / physical health and Youth Voice.

### Youth services - what are your experiences of youth services.

- 42% of respondents felt they do not have a say in how services are set up and run in their local area.

### **Education, Careers advice, guidance, and support**

- 1 /3 of young people find it difficult to access work experiences, 44% do not know where to look and 30% expressing they have lack of connections.



## Results at a glance – Survey Finding

### **Mental Health and wellbeing**

- A total of 43% of respondents indicated they strongly agree with the following statements "I know what good mental health is" and One third (32%) "know where to get support for their mental health"

### **Physical Activity**

- Nearly half (47%) of respondents did not use either Chelsea Leisure Centre or Kensington Leisure Centre

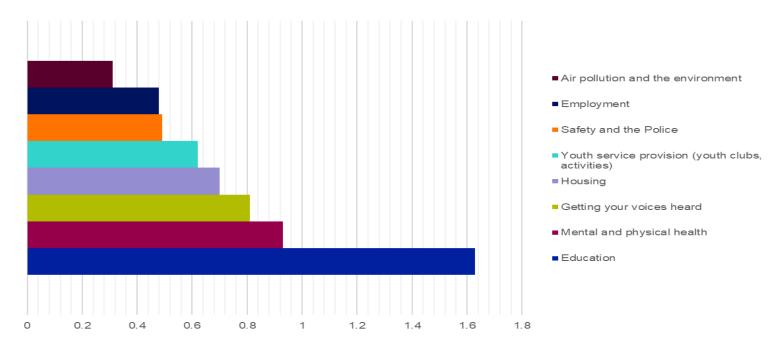
### Safety

- A total of (41%) of respondents feel "providing young people with more things to do" would make you feel safer in your neighbourhood/area.

### Survey Findings – Your Priorities

Respondents were asked to rank their top three priorities from one to three with one being the top priority. A score of three was awarded to the number one priority, two to number two priority and three to number three priority. A mean score was then calculated for each value to produce the prioritised list below.

- Respondents valued education first, followed by mental health/wellbeing and youth voice as their top three priorities.
- From the list, they least valued were air pollutions and the environment .

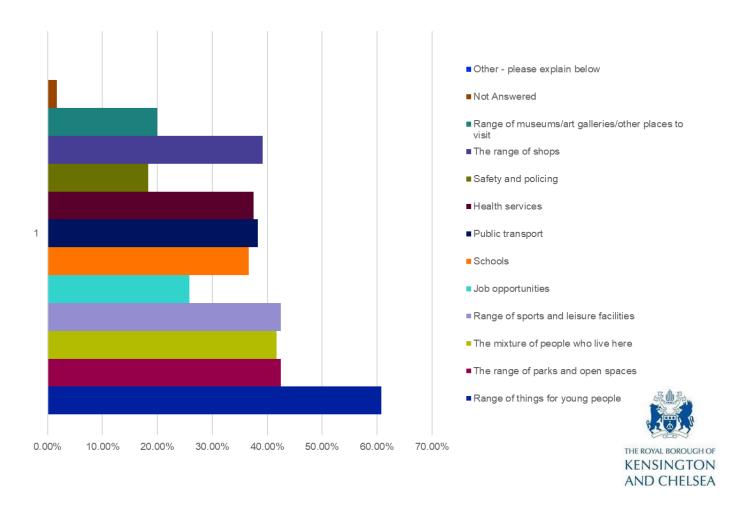




### Survey Findings – Your Priorities

Respondents were asked, what would you say are the best things about living in Kensington and Chelsea?

"Range of activities for young people to do" was rated as the best thing about Living in Kensington and Chelsea followed by "range of parks and open spaces" and "range of sports and leisure facilities" then "mixture of people who live here"



### Survey Findings – Your Priorities

When asked in reverse what are the worst things about living in Kensington and Chelsea respondents reported the following:







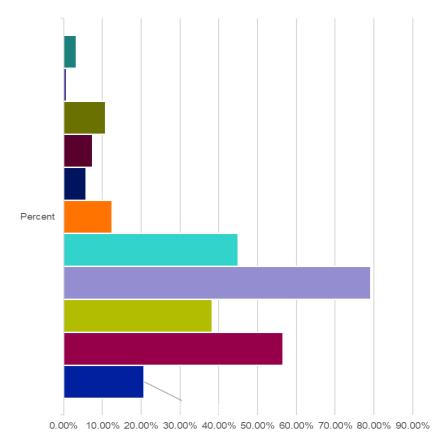
- As there were only four respondents who selected "other" the comments were all quite varied, theming was not suitable. All comments can be seen below:
- Pollution
- Price
- Gangs
- Gentrification and lack of diversity.



### Survey Findings — Youth Services

Respondents were asked "Which of the following youth services have you accessed"

- The majority of respondents (79%) have accessed "Youth Clubs"
- Followed by "Sports clubs" (56%)
- Just under half (45%) of respondent's access "After school clubs"



- Not Answered
- Other please explain below
- Arts and cultural
- Faith groups
- Uniformed groups (e.g. Scouts or Girl Guides)
- Youth social action groups
- After school clubs
- Youth clubs
- Afterschool or holiday schemes
- Sports clubs
- Online or digital services or support



### Survey Findings – Youth Services

Respondents were asked do you feel you have a say in how services are set up and run in your local area?

42% of respondents felt they do not

38% of respondents selected Don't Know

Under 10% of respondents felt they do



### Survey Findings – Youth Services

We asked respondents how would they like to receive information on youth activities, programmes, and events. Nearly half of respondents selected Instagram however under 10% of respondents selected Facebook and Twitter as their preferred method of correspondence



45% would like to receive information via Instagram



35% would like to receive information via Mail

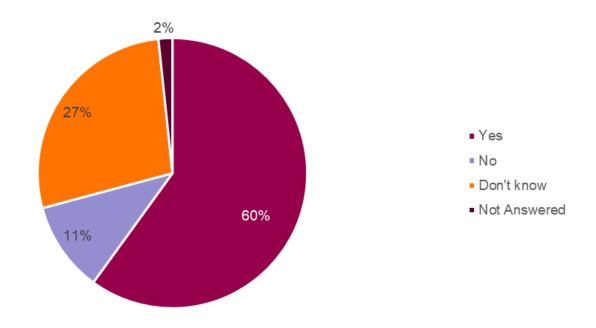


26% would like to receive information via posters



With 99% of respondents being of school age respondent were asked a range of questions regarding their education, careers, guidance, and support to better understand everyone's different needs.

Six in ten (60%) selected "Yes" affirming their education is providing the skills to get the career or job they want.





When asked whether appropriate careers advice, training, and employment support is available for young people, there was no clear answer amongst respondents 12% "Strongly Agreed", 33% "Agreed", 33% "Neither Agreed or disagreed" and 10% Disagreed.

Option	Total	Percent
Strongly agree	14	12%
Agree	39	33%
Neither agree nor disagree	39	33%
Disagree	12	10%
Strongly disagree	6	5%
Don't know	8	7%
Not Answered	2	27%

"Results show a high proportion of young people are still unaware of what the council have on offer for employment"

**RBCK Youth Council** 



Respondents were asked do you find it easy to access work experience in the borough.

A total of (52%) indicated they did not know and (28%) responding "No"

Whereas only (19%) of respondents felt work experience is easy to access.

Option	Total	Percent
Yes	23	19%
No	34	28%
Don't know	62	52%
Not Answered	1	1%

Respondents main barriers to accessing work experience are:

Don't know where to look (44%) followed by 31% expressing they have lack of connections.

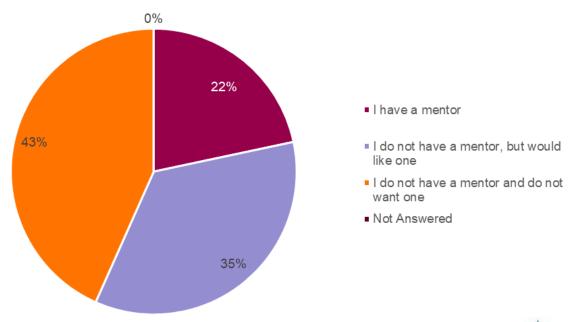


We asked respondents do you have (or would you like) a mentor? (By a mentor, we mean a relationship with someone you're not related to, where you get support, advice, encouragement, and skills development.)

A total of 35% do not have a mentor but would like one

Under a quarter 22% have a mentor

However, 43% of respondents "do not have a mentor and do not want one





Respondents were asked what does your mentor support you with? Or if you do not have a mentor, what would you like support with.

Personal development (mental wellbeing, social and emotional skills) scored the highest, closely followed by career coaching/employability, educational support and sports/physical activities.

Personal development 31%

Career coaching/ employability 29%

Sports/physical activities 27%



Respondents were asked to indicate how strongly they agreed, or disagreed, with the following statements.

"I know what good mental health is" - A total of (43%) Strongly agree

"I know where to get support for their mental health" - One third (32%) Strongly agree

"Covid-19 and lockdown has had a negative impact on their mental health" - (42%) strongly agreed or agreed

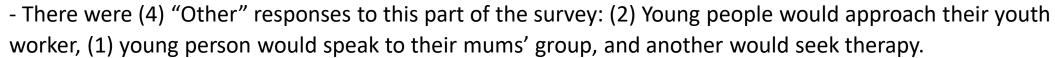
"Positive results show mental health is well supported across the borough; continued support is a key need for young people's future development" RBKC Youth Council

Respondents were asked where you would seek support for your mental health. Respondents were able to select more than one option.

- Family received the highest number of responses 71 (59%) closely followed by Friends with 65 responses

(54%)

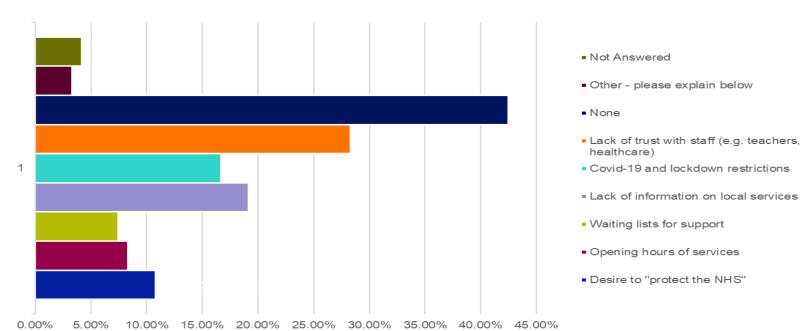
Option	Total	Percent
Friends	65	54%
Your school or university	20	17%
Child and Adolescent Mental Health Services (CAMHS)	18	15%
Family	71	59%
Your Doctor/GP	18	15%
Other - please explain below	3	3%
Not Answered	6	5%





We asked respondents, what, if any, are the barriers to you seeking support for your mental health? (Respondents could select all that apply)

- (42%) of respondents expressed there were no barriers to seeking support for mental health however (28%) of respondents felt a lack of trust with staff was a barrier.





We asked respondents how easy it is to access mental health services in their local area.

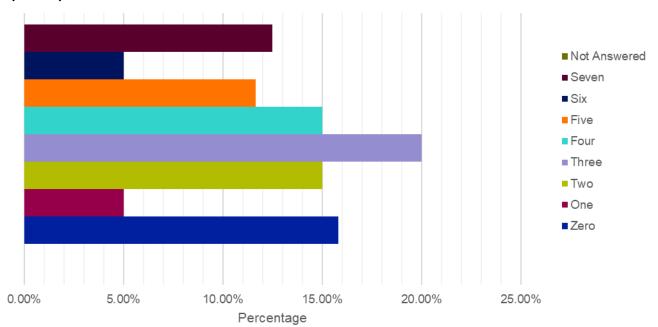
- In total (45%) of respondents feel mental health services are easy to access

Option	Total	Percent
Very easy	15	13%
Fairly easy	38	32%
Neither easy nor hard	54	45%
Fairly hard	4	3%
Very hard	8	7%
Not Answered	1	1%



Respondents were asked in the last 7 days how many days did they do at least 60 minutes of moderate activity that caused a slight but noticeable increase in breath or heart rate.

The most common response for days of moderate activity were "Three" (20%) "Zero" (16%) closely followed by "three" and "Four" days at (15%)





When we asked respondents do you know what activities are available close to home to help you get active

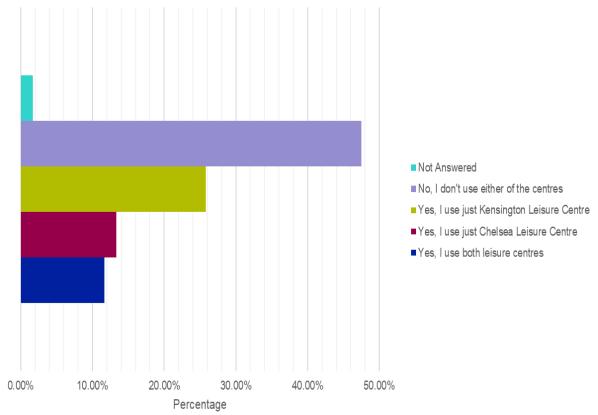
- A total of (80%) of respondents stated "Yes" to knowing what activities are available.

Option	Total	Percent
Yes	96	80%
No	21	18%
Not Answered	3	3%



Respondents were asked whether they use Chelsea Leisure Centre or Kensington Leisure Centre.

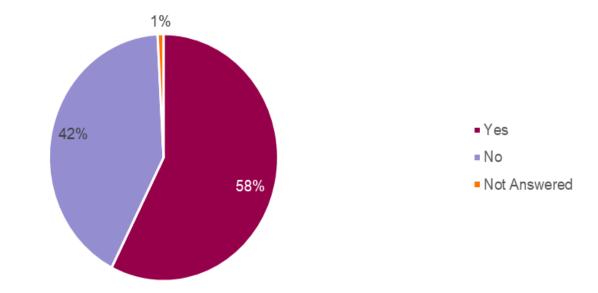
- Nearly half (47%) of respondents did not use either Chelsea Leisure Centre or Kensington Leisure Centre
- Just over a quarter (25%) indicated they visit Kensington Leisure Centre





When asked do you use your local park to get active?

- Over half (58%) indicated "Yes"
- Whereas (42%) of respondents replied "No"





We went on to ask respondents If you do use a local park to get active, please name the park you use. There were 32 responses to this part of the question, with most respondents using Wormwood scrubs

Name of Park	Number of Respondents
Wormwood scrubs	7
Acton Park	3
Hyde Park	4
Holland Park	4
St Marks Park	6
St Luke's Park	5
Battersea Park	2
Avondale Park	2
Queens Park	1
Westfield Park	2
Imperial Wharf	1



Respondents that do not use a local park to get active were asked why this was. Respondents were able to select more than one option.

- Nothing fun to do in the park received the majority of votes (31%)

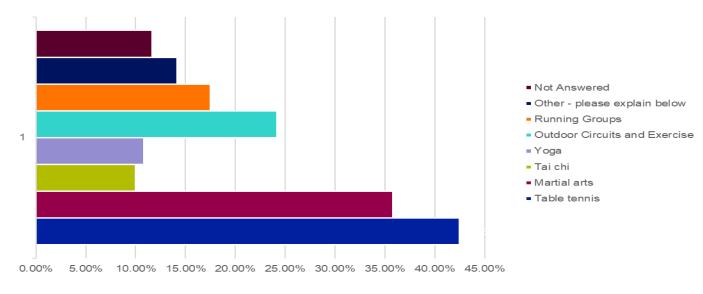
Option	Total	Percent
Nothing fun to do in the park	37	31%
Don't know where the nearest park is	4	3%
Does not feel safe	13	11%
Other - please explain below	6	5%
Not Answered	62	52%

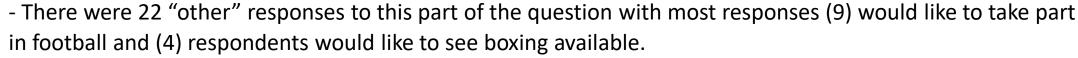
- There were 6 "other" responses to this part of the question the most relevant being "no calisthenic equipment or boxing" available in parks.



Respondents were asked, which activities they would like to see offered if free and close to home. Respondents were able to select more than one activity therefore results may total more than 100 per cent.

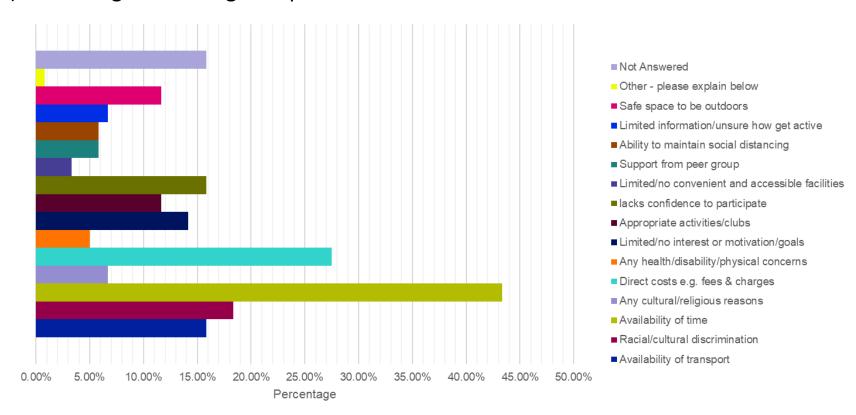
The most popular activity respondents would like to see "Table Tennis" (42%) followed by "Martial arts" (35%) then Outdoor Circuits and Exercise (24%)







When asked if there is anything that would stop you from taking part "availability of time" (43%) and "Direct Cost" (27%) scored highest amongst respondents

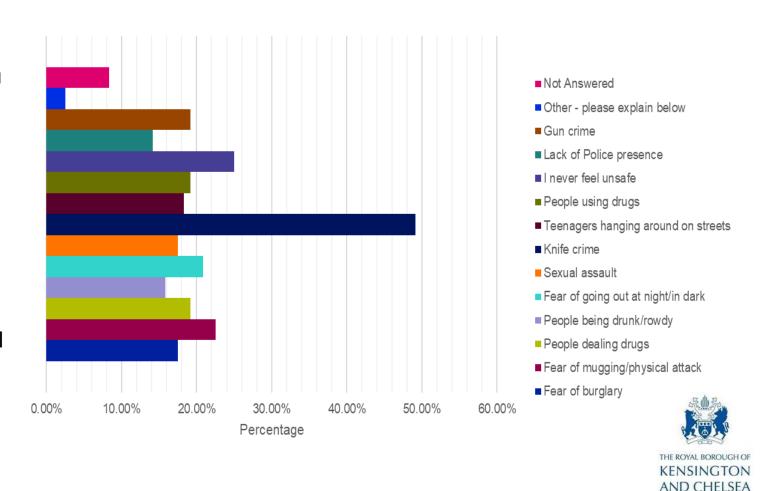




## Survey Findings – Safety

When thinking about safety, we asked respondents for what reasons, if any, do you feel unsafe in your local area?

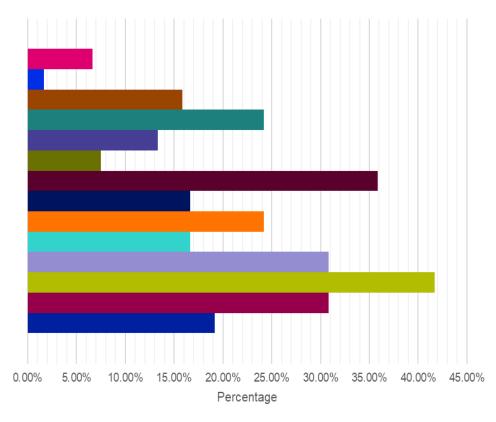
- (49%) of respondents reported Knife crime makes them feel unsafe in their local area
- There were (4) "other" responses to this part of the question (3) respondents heighted "police harassments" and (1) respondent reported racism made them feel unsafe.



## Survey Findings — Safety

Respondents were then asked which of the following would make you feel safer in your neighbourhood/area?

- A total of (41%) of respondents selected "providing young people with more things to do"
- This was followed by (35%) of respondents opted for "More security cameras (CCTV)" to make them feel safer in their neighbourhood/area.

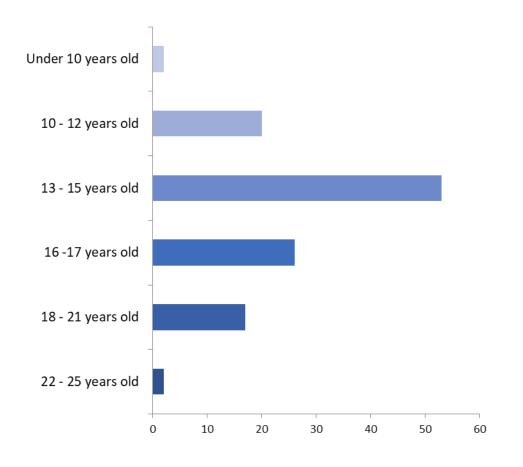


- Not Answered
- Other please explain below
- More Police
- Improved street lighting
- More uniformed people e.g. PCSOs
- Traffic restrictions/more pedestrian crossings
- More security cameras (CCTV)
- More cycle routes/improved cycling routes
- Better police-community relations
- More info about what Police doing
- More friendly adults and neighbours
- Providing young people with more things to do
- Improving local environment
- Drugs education/advice/rehab

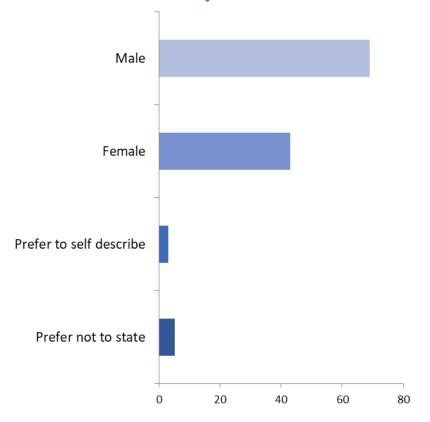


# About respondents – Demographic Breakdown

### What is your age group?



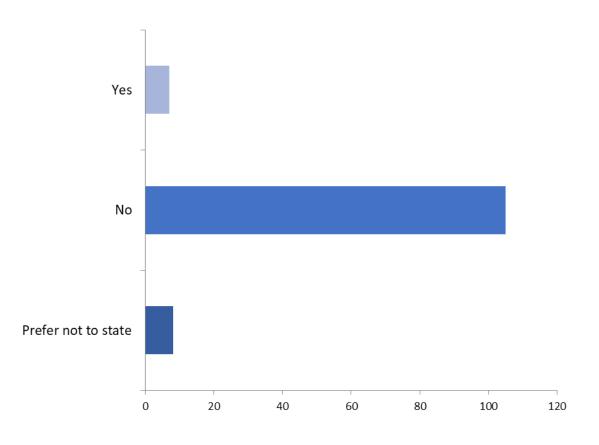
### What is your sex?



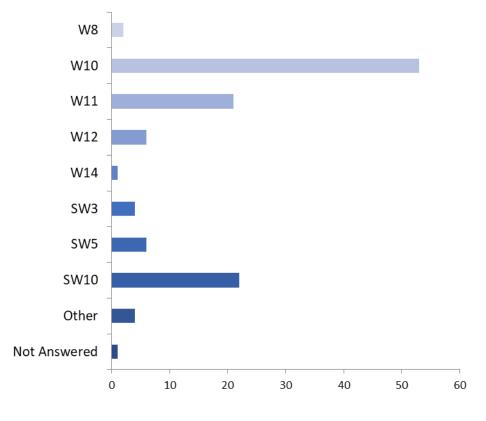


# About respondents – Demographic Breakdown

Do you have a long-term illness, health problem or disability which limits your daily activities?



#### Where do you live in Kensington and Chelsea?





# About respondents – Demographic Breakdown

### How do you describe your ethnic origin?

